

**Usermanual | A-Team**

**Timebox II**

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# Introduction

The system EasyDiet facilitates the planning, preperation and administration of diets, which helps dietitians to create dietplans. EasyDiet offers the following functionality:

* Create dietplans
* Manage patients
* Create a parameterset
* Manage favours/disfavours
* Creat diettreatment

The manual describes the installation and how to operate with the program.

# Productinformation

## Scope of work

EasyDiet offers the following features:

* Create dietplans
* Manage patients
* Create a parameterset
* Manage favours/disfavours
* Creat diettreatment

## System requirements

Your computer system needs following requirements to run EasyDiet without any problems:

* Pentium computer, at least 266 MHz
* Java Virtual Machine (JVM) must be installed
* Operating system:
* Windows XP, SP2 (32 or 64 Bit) or
* Windows Vista (32 or 64 Bit) or
* Windows 7 (32 or 64 Bit)
* At least 500 MB of free space on hard drive
* At least 1 GB of RAM

# Installation

## Database

Fill your database with the included file fhv\_easy.sql.gz

Open the file database.proberties and specify your database configurations and save.

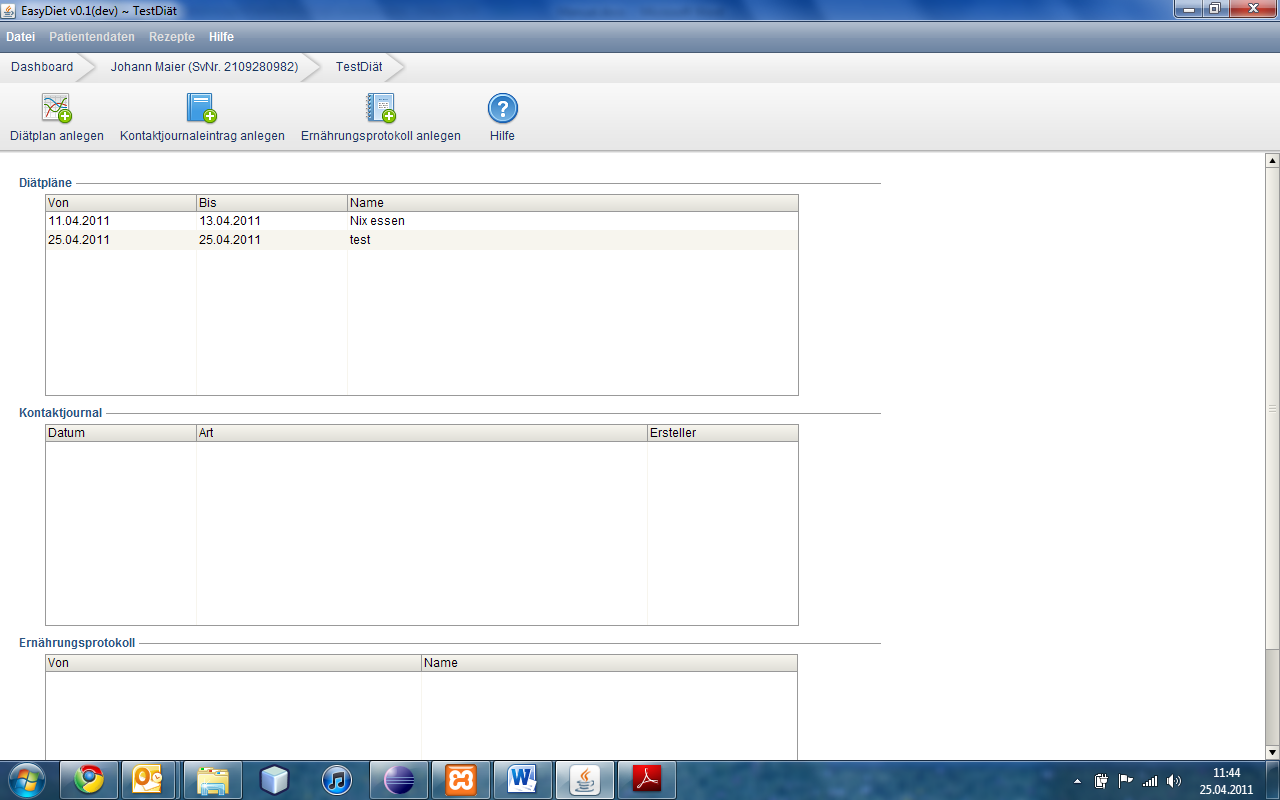
You can start the program now by running the run.bat file.

# EasyDiet | Overview

This chapter gives you an overview of the functionality of EasyDiet and how to work with it

* chapter: navigation
* chapter: how to

## Navigation



There are 3 menu items for the basic navigation through the program

* menu bar (yellow)
* hierarchy bar (red)
* menu buttons (green)

In the menu bar you can select basic commands which are available for the whole program. In contrast, the menu buttons depend on the respective mask. You can add new elements addicted of the respective mask.

The hierarchy bar gives you an overview where in the program you are. To go back in a higher hierarchy, click on the hierarchy you want to navigate.

# How to

## Favours / Disfavours

### General Instruction

A BLS pattern is a template for a list of existing BLS codes. This template allows the user to define favours/disfavours for all meals according to the pattern in the BLS database.

% - allows any amount of characters

\_ - allows exact one character at this point

**Examples:**

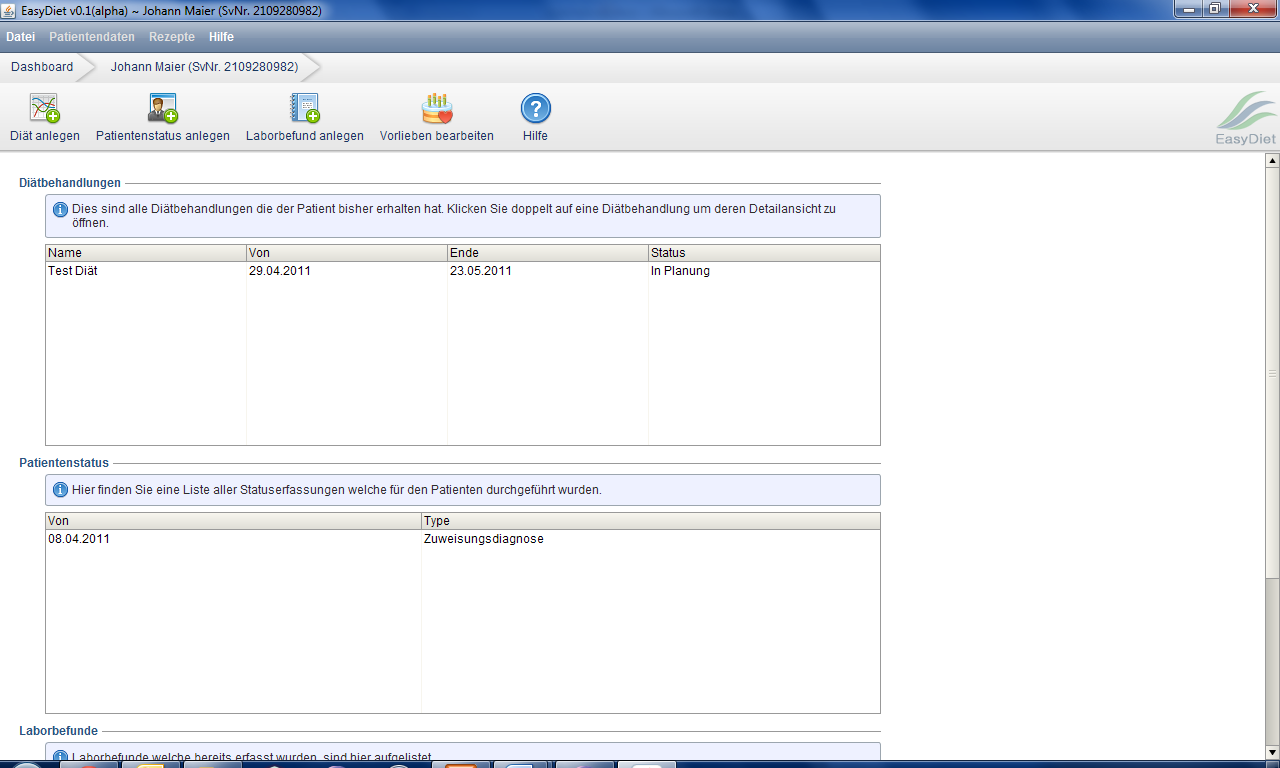
|  |  |
| --- | --- |
| Pattern | Description |
| B0% | All BLS codes which begin with B0 |
| %03 | All BLS codes which end with 03 |
| B\_30000 | All BLS codes which begin with B, exact one character follows and ends with 30000 |

### Like grade

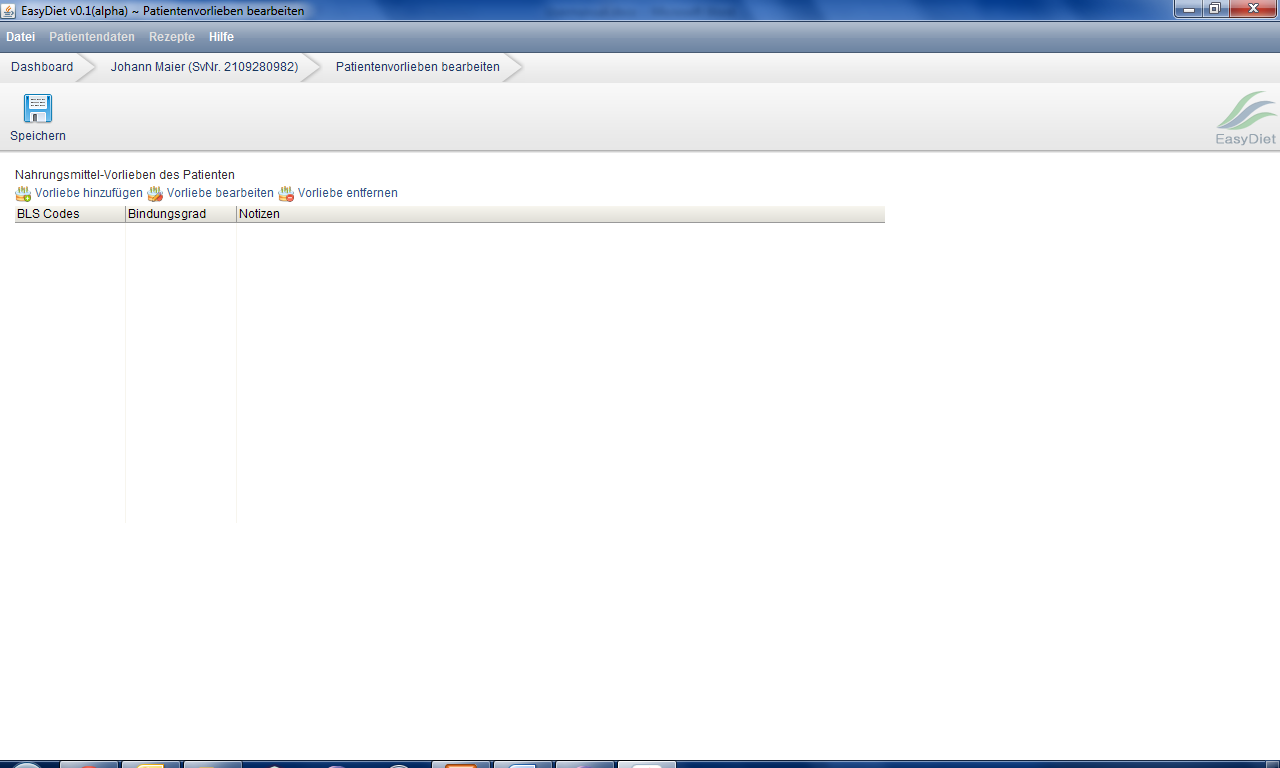
|  |  |
| --- | --- |
| Like grade | Description |
| -10 | The Patient is not allowed to eat this meal because he reacts allergic |
| -9 |  |
| -8 |  |
| -7 | The Patient does not like this meal |
| -6 |  |
| -5 |  |
| -4 | The patient eats this meal only if he has to |
| -3 |  |
| -2 |  |
| -1 | The Patient eats it but he does not like it |
| 0 | Neutral |
| 1 | The Patient likes this meal |
| 2 |  |
| 3 |  |
| 4 | The patient prefers this meal |
| 5 |  |
| 6 |  |
| 7 | If it is possible the patient wants to eat this meal |
| 8 |  |
| 9 |  |
| 10 | This is the absolute favourite meal of the patient |

### Create Favours / Disfavours

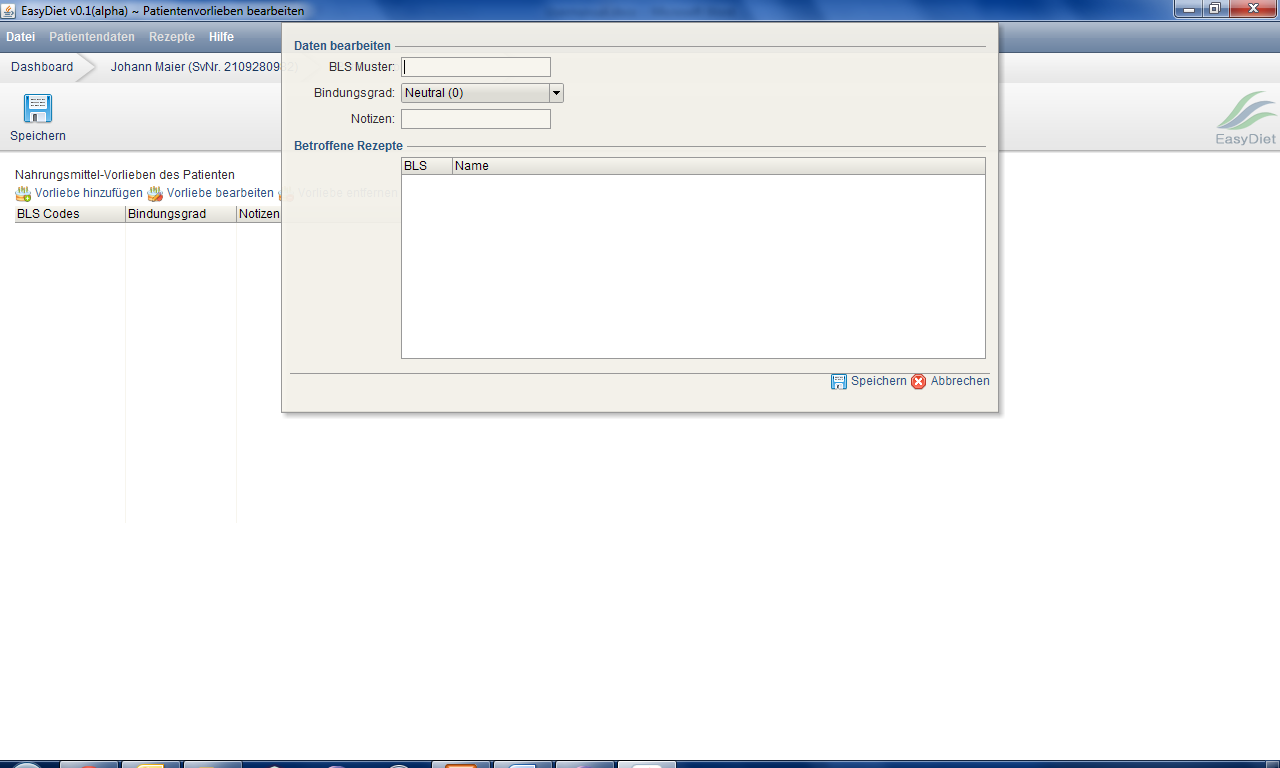
Starting point: Patientdetailview



Press on the “Vorlieben bearbeiten” button (red) to manage favours/disfavours.



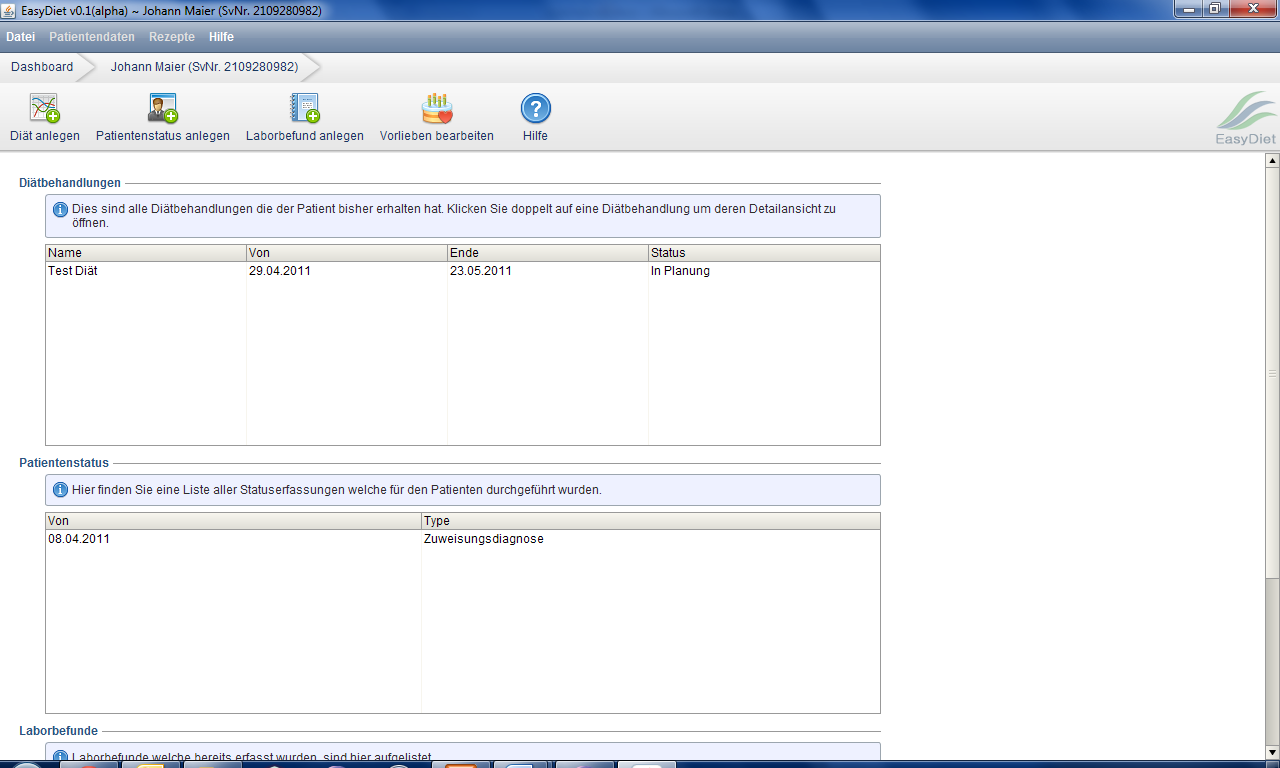
Now you can see if the Patient already has some favours/disfavours. If you want to add a favour/disfavour, click on the “Vorlieben hinzufügen” button.



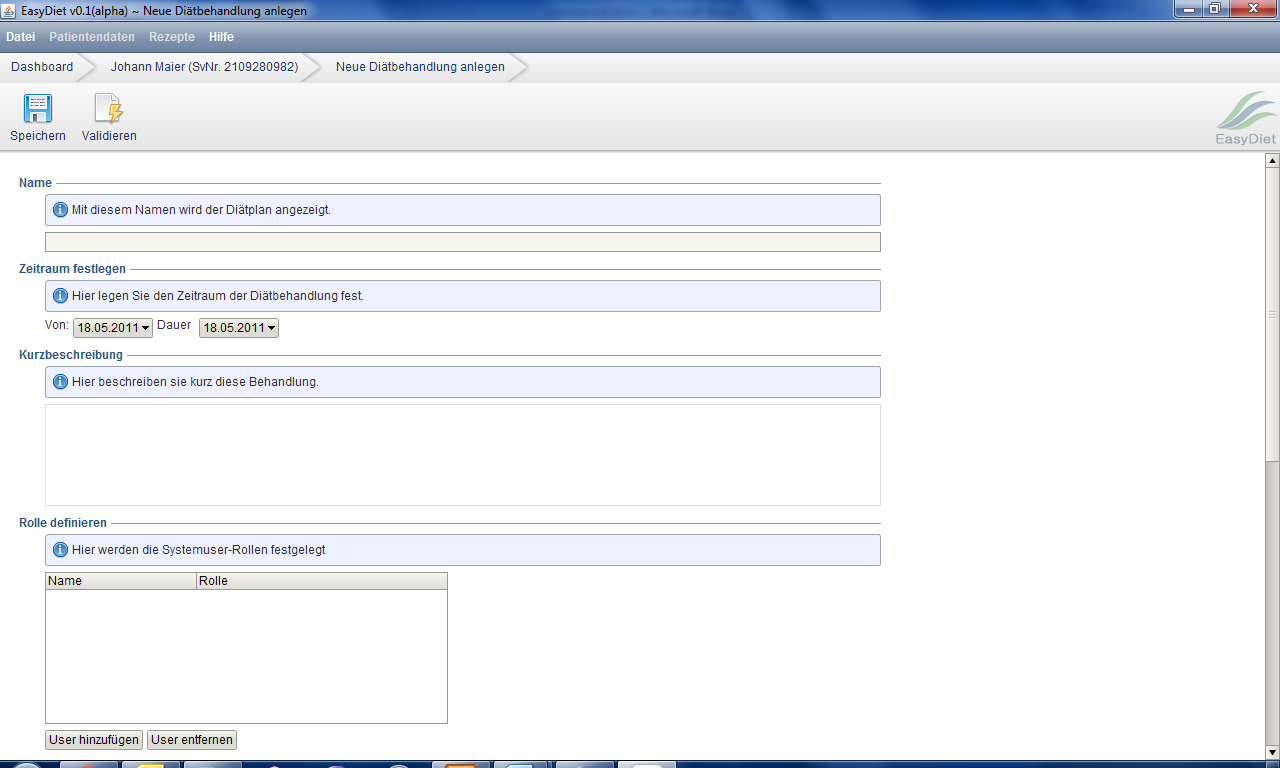
You have to type in a BLS pattern and then choose a like grade described above. In addition you can add a short notice. In the table at the bottom all recipes and meals are displayed which are selected by this pattern. If you have finished, press the “Speichern” button.

## Create Diettreatment

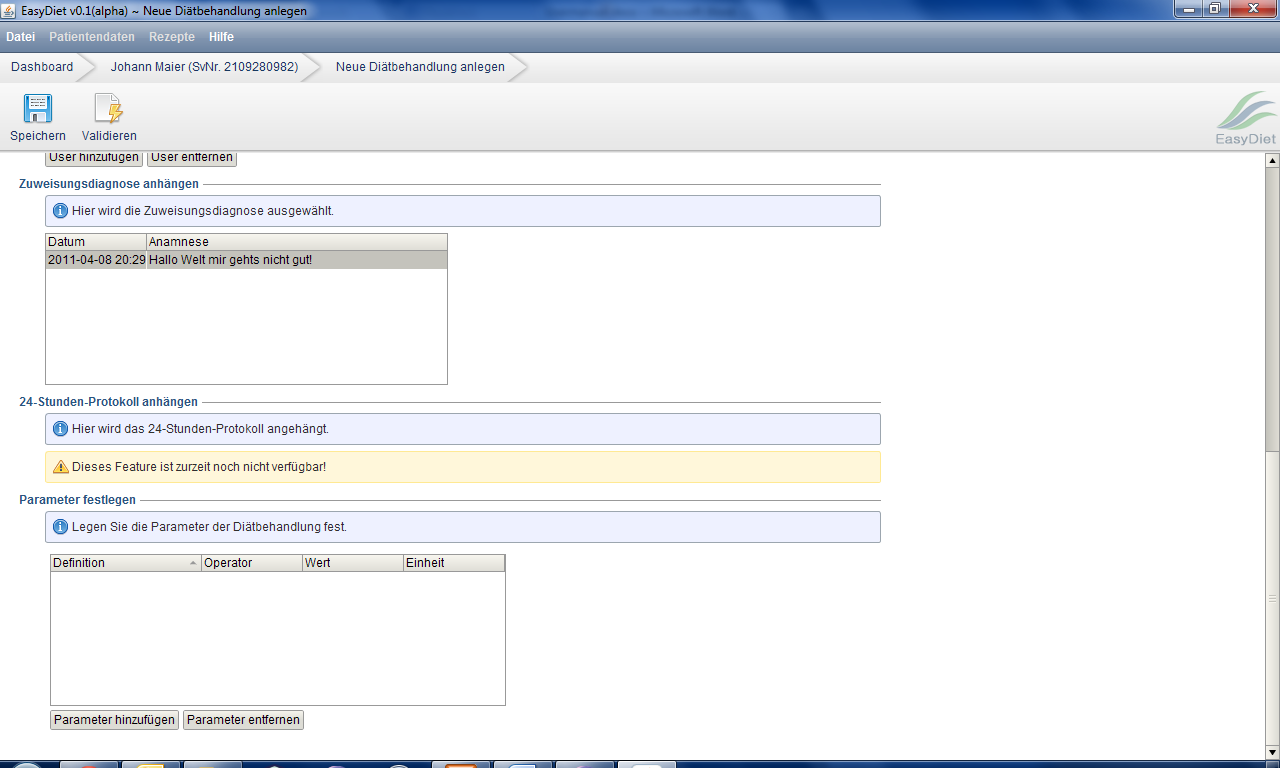
Starting point: Patientdetailview



Press on the “Diät anlegen” button (red) to create a new diet treatment.



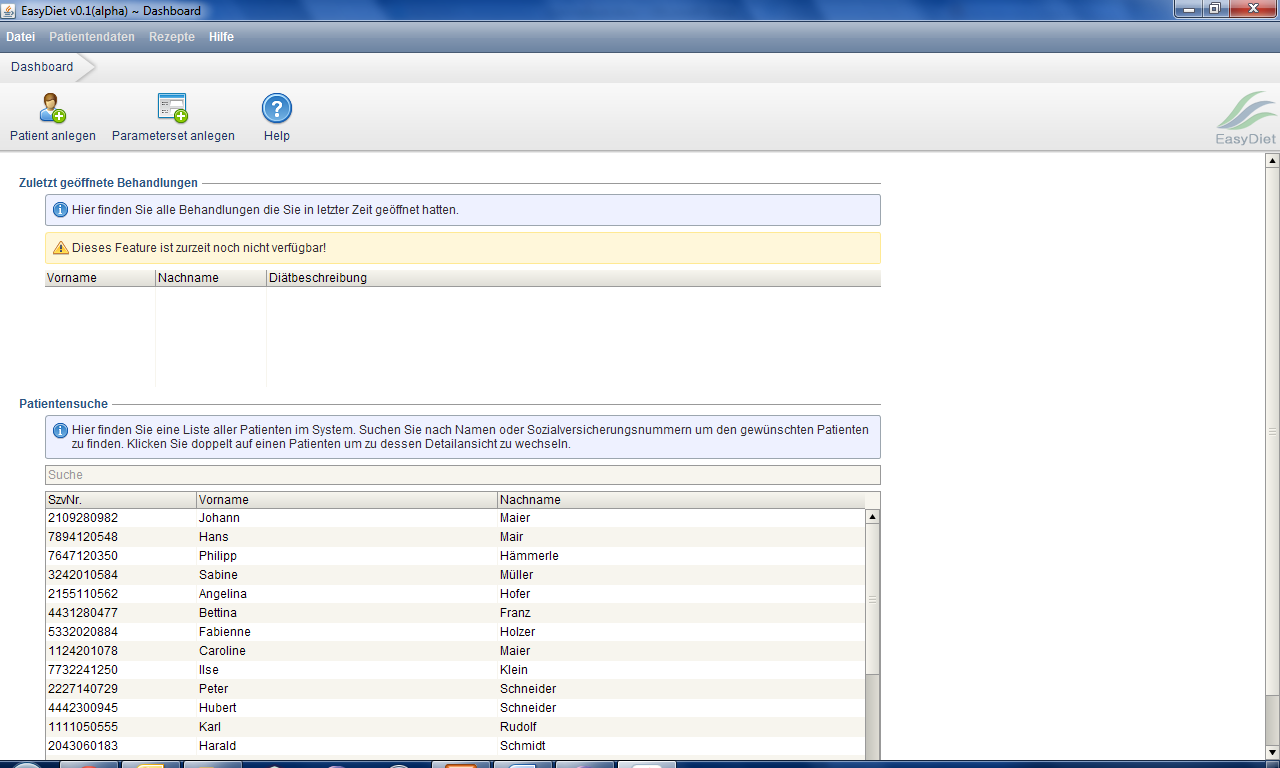
At first you type in an adequate name for the treatment. After that you have to define the timespan and can type in a short description. You also have to add at least one contact person. Click on the “User hinzufügen” button and then a double click into to the row to change the role.



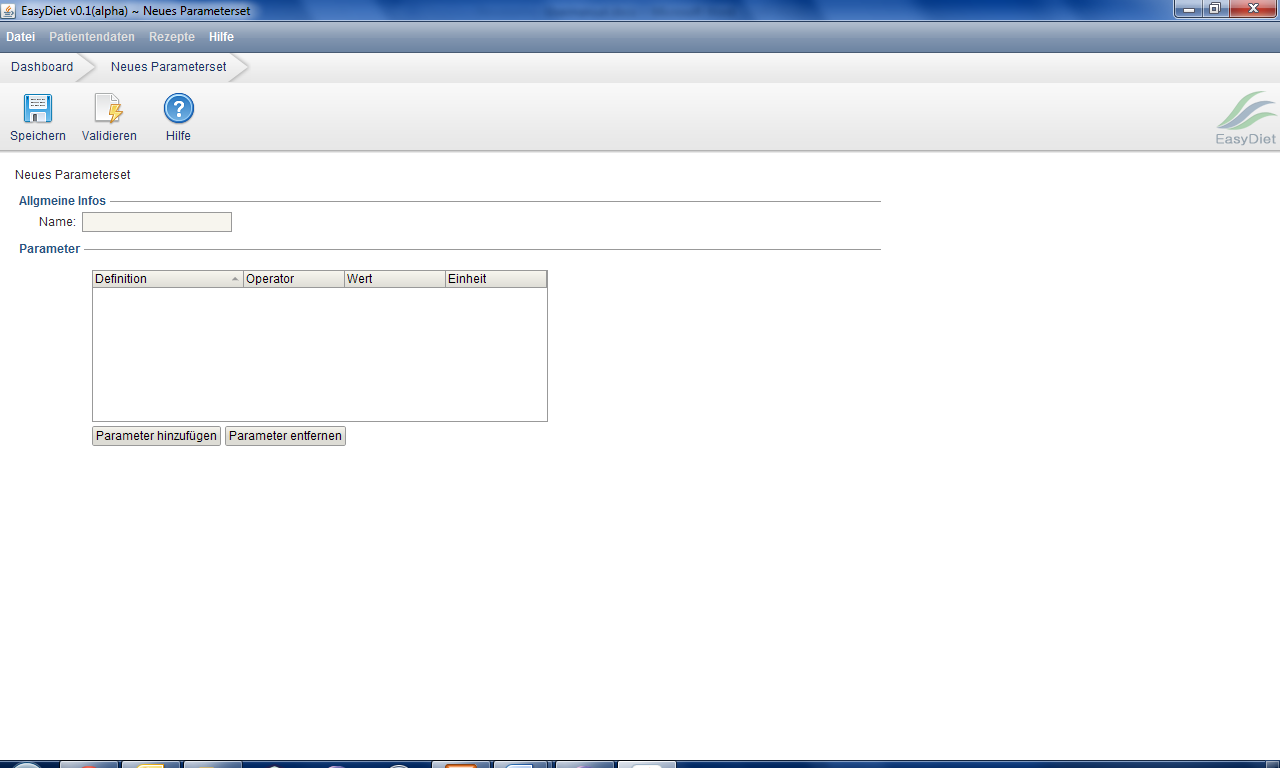
At the end of this form you can add monitoring parameters which are supervised during the diet treatment. If you want to add a Parameter, click on the “Parameter hinzufügen” button. Afterwards perform a double click on the row you want to change. Now you can adapt all fields you want to modify. If you have finished, click on the “Speichern” button to save the treatment. If no errors occur, the treatment is now saved in the database.

## Create Parameterset

Starting point: Dashboardview



Press the button “Parameterset anlagen” to open a mask to create a new Parameterset.



Type an adequate name into the name field. Now you can add Parameters by clicking on the “Parameter hinzufügen” button. Now perform a double click on the row, and then you can modify all fields. When you have finished your selection you press the “Speichern” button in the menuebuttonbar.